

On the same page

with St. Peter Community & Family Education

June 2009

Brochure Facts:

- There are 3 children's plays this summer.
- Summer Brochure will be delivered June 19.

The Benefits of Quality After School Programs

According to a longitudinal study of 2,914 elementary and middle school students, participation in quality after school programs has a positive impact on the cognitive, academic, and socio-emotional development of students.

This study was conducted by research teams at the University of California, Irvine, University of Wisconsin-Madison, and Policy Studies Associates, Inc.

The findings of the study indicated that students who participate in after school programs or other structured activities, compared with those students who were unsupervised after school, experienced many beneficial gains.

All ages reported gains in math test scores, regardless of whether or not the program involved mathematics. In addition, all students made growth in the areas of group participation, work habits, and social skills.

The study also indicated that students demonstrated a reduction of delinquency and destructive behavior. Student's self esteem increased and their feelings about their school day improved. Middle school students were less likely to use tobacco, drugs, and alcohol. There was also an increase in healthy lifestyle choices such as diet and exercise.

Report findings can be obtained at: <http://childcare.gse.uci.edu/des3.html>

This study was very encouraging to our office. At St. Peter Community & Family Education, we provide a wide range of quality after school programming, which according to this study, benefits the academic, social, and physical well-being of students.



Writing Opportunities

You may have noticed an emphasis on writing opportunities for adults in the our brochures. We



are fortunate to have some great instructors who come to us from a variety of backgrounds.

Jean Tennant has published several novels as well as over 200 short stories and newspaper articles. This spring, she taught "How to Write a Children's Book." "Writing Your Life Story" is the name of her one day workshop scheduled on August 1.

Phil Bryant is an Associate Professor of English at Gustavus and has just released his third book of poetry. "WIP: Works in Progress" is the name of his June 13 & 20 workshop.

Heidi Newbauer is our most recent instructor. She is a Minnesota State University, Mankato English Instructor and has experience as an editor/writer. She has two classes in August, "College Writing Prep" and "Mapping Your Childhood."

You can find out more about these classes in our brochure or at our website.

Visit the Community & Family Education blog at

www.communityed.typepad.com



Register for classes online at:
www.stpetercommunityedonline.com