

# Flu Symptom Screening Tool for Parents and Caregivers

Use this questionnaire each day your child is sick with flu-like symptoms and follow the instructions for when to keep the child home and what to tell the child's school.

## Does Your Child Have:

Fever of 100° F or higher?  Yes  No

(Take the child's temperature before giving him/her fever-reducing medicine, like Tylenol.)

Sore throat?  Yes  No

Cough?  Yes  No

## Should I Keep My Child Home?

- If you checked "yes" for fever AND one of the other symptoms, keep your child home for at least 24 hours after his or her fever is gone without fever-reducing medicine. For many children this will be 5 to 7 days. Your child should feel well enough to participate in school before returning. If you have questions about your child's health or symptoms, call your child's doctor or clinic.
- If your child has been diagnosed by a doctor or clinic with a different disease, such as strep, follow your doctor or clinic's recommendation and school policy for when to return to school.

## What Should I Tell My Child's School?

- If you checked "yes" for fever AND one of the other symptoms, tell the school that your child is home with influenza-like illness.
- If your child has been diagnosed by a doctor or clinic with a different disease, such as strep, tell your child's school.

For more information, contact:  
Minnesota Department of Health  
Vaccine-Preventable Disease Section  
[www.health.state.mn.us/immunize](http://www.health.state.mn.us/immunize)  
651-201-5414 or 1-877-676-5414