

JumpStart

BREAKFAST

CHEF'S SPECIAL

Includes Hot Entrée, Choice of Fruit, Juice, and Milk

WEEK 1

Monday: **Savory Sausage Breakfast Pizza**
 Tuesday: **Biscuit with Sausage Gravy**
 Wednesday: **Hot Golden Pancakes**
 Thursday: **Scrambled Eggs
& Cheese with Soft Flour Tortilla**
 Friday: **Warm Toasted Waffles**

WEEK 2

Monday: **Pancake Sausage
on a Stick**
 Tuesday: **Fresh Baked Cinnamon Roll**
 Wednesday: **Cinnamon French Toast Sticks**
 Thursday: **Scrumptious Coffee Cake**
 Friday: **Deluxe Latin Breakfast Bake**

GOOD to GO

Includes Hot Entrée, Choice of Fruit, Juice, and Milk

Rotating Entree Choices

Breakfast Burrito • Bagel Sandwich
 English Muffinwich • Biscuit Sandwich
 Ultimate Breakfast Round • Cereal • Pop Tart
 Oatmeal • Smoothie Bowl
Fresh Fruit, Yogurt and Granola Parfaits served Daily – \$2.50

Build a Healthy Plate

Make half your plate fruits and vegetables.
 Make at least half your grains, whole grains.
 Vary your protein choices.
 Switch to skim or 1% milk.

For more information go to
www.choosemyplate.gov

The Breakfast Menu follows the guidelines of the School Breakfast Program (SBP)

A complete breakfast meal consists of fruit and two of the three available options:

- Grains
- Protein
- ½ Pint Milk

Breakfast Prices

Student	\$1.35
Reduced	\$0.00
Adult	\$2.10

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